



OAKLANDS COMMUNITY COLLEGE

Workshop Information

Venue:

Oaklands Community College

Date:

Thursday, February 27th

Time:

7pm

Contact: (046) 973 1573



Workshop Objectives:

In this workshop participants will

- Understand the factors that influence youth mental health
- Recognise the importance of One Good Adults in supporting young people's mental health
- Recognise the importance of self-care for One Good Adults

To register, scan here:

