

# Anxiety Based School Avoidance

## Tips & Tools for Parents & Carers

ISPCC is delighted to deliver a FREE webinar to parent's/ carers on 'Anxiety Based School Avoidance' which takes place on Tuesday the 4th of November at 7pm.

On the evening ISPCC Digital Support Coordinator, Bree O'Neil will look at how parents can support their child.

### Key take aways on the night:

- Provide a definition of the term "School Avoidance"
- Provide an understanding of why children and young people may avoid school
- Provide strategies and skills to cope with school avoidance
- Provide tips about talking to children and young peoples school
- Introduce the ISPCC's Digital Mental Health and Wellbeing Programmes

**Date:** *Tue, Nov 04*

**Time:** *7:00 PM - 8:00 PM*

**Venue:** *Online event*

**FREE**

**Register Now!**

**ISPCC**